



DES PERES PARKS AND RECREATION - THE LODGE

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LODGE YOUTH BASKETBALL LEAGUE

Points of Emphasis

Philosophy/Sportsmanship

- _ This league is designed to be instructional in nature. Scores will not be kept for games.
- _ All participants, coaches, parents, and fans will be expected to demonstrate a positive attitude and good sportsmanship. This applies to your own teammates, your opponents, the official, and the timer.
- _ All players, coaches, and parents will refrain from using abusive language towards the official, coaches, and players.
- _ Coaches are encouraged to be good role models for their players.
- _ Coaches are asked to emphasize good sportsmanship, teamwork, cooperation, and fun.
- _ Any behavior by players or coaches that is deemed inappropriate by the Parks and Recreation personnel is subject to disciplinary action. This may include forfeiture of the game, suspension from future games, or ejection from the league.
- _ All players will receive equal playing time, regardless of skill.
- _ All participants must not be advanced past the second grade. Games played with an ineligible player will be forfeited, and the player will be removed from the league.
- _ Facility rules will remain in effect. Specifically, no outside food or beverage may be brought into The Lodge except water bottles. Sealed water bottles are the only liquids permitted on the gym floor.

Conduct of Games

- _ A team must have five players present 5 minutes after the scheduled start time, or the game will be forfeited.
- _ We ask that the coaches and players stay seated for timer's visibility.
- _ Games will consist of four, 8-minute quarters. There will be a two-minute break between the first and second as well as the third and fourth quarters. There will be a five-minute break between the second and third quarters.
- _ At the end of each quarter, coaches will be allowed on the floor for one minute to help match-up the players. The referee will start the game after this one-minute period regardless of a team's readiness.
- _ Timer will stop the clock every 4 minutes for substitutions.
- _ The rim will be set at 8 feet for all games for 1st Graders and at 9 feet for all games for 2nd Graders.
- _ The ball used for games and practices will be 27.5 inches.
- _ There will be no timeouts. Please use the substitution timeout.
- _ No full-court press is allowed. Teams may set up their defense inside the 3-point arc.
- _ Players may only steal on a pass inside the 3-point arc. Players can never steal the dribble.
- _ All teams will use man-to-man defense. Colored sweatbands will be provided to assist players in finding their opponent.
- _ Free throws will not be shot. On any foul, the players will take the ball from out of bounds.
- _ Over and back will be called. Ten-second possession rule will be called to ensure ball movement is taking place and lane violations will not be called.
- _ This league is instructional in nature. Other violations will be called at the discretion of the official in a progressive manner throughout the league.
- _ The decision of the referee is final.
- _ Game schedules will also be posted on the City of Des Peres website (www.TheLodgeDesPeres.com).

Equipment/Facility

- _ All teams must follow the rules of the facility.
- _ Children under the age of 9 must be supervised by a non-playing adult.
- _ All teams must collect and dispose of any trash in their bench area after the match.
- _ All food and beverage must remain off the wooden surface.
- _ Non-marking tennis shoes are required for all players.
- _ Each team will be provided with at least five 27.5 inch balls for their practice time.
- _ Coaches will be responsible for putting the Des Peres equipment away in the gym storage closet.
- _ T-shirt jerseys will be provided for each player before the first game.
- _ Teams will be sharing courts during practice time. Each team will have access to two baskets for 30 minutes. They will use one basket for the other 30 minutes. Coaches are encouraged to work that out amongst themselves depending on their practice plans.

Protests/Complaints

- _ Only the coach of the team may file a complaint. Complaints should be brought to the attention of the Sports Specialist either in person, phone, or email after the game. Do not direct complaints toward the official during or after the game.

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